



# The **VINE**

News from the Secular Discalced Carmelite Community in England and Wales



February 2021



Photo credit: Joanna Patterson

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**Deadline for contributions to the next Vine: Tuesday 8 June 2021**

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## Kith and Kin in Carmel

Dear Fellow Carmelites,

It is strange how things come together, and the last few days have been all about prayer. Fr Francisco Palau OCD tells us how God wants us to pray for the world and for each other, this week's Tablet front-cover asks us, 'Why pray?', and Fr Matt's current series of four talks on St Mark gives us an evangelical foundation of our relationship with Jesus Christ. God waits for our prayer, delights in our prayer and delights in each one of us.

This can be hard to believe at times, especially as lockdown wends its grey cold days through February and into March. But we are united in prayer with each other and, moreover, in prayer with the church, the beautiful bride of Christ. During these days of confinement to our homes we receive untold and unseen graces through prayer by us and for us. Francisco Palau tells us that whenever we pray for someone or something, the Holy Spirit becomes active in that person or event.

So also, with our communities and groups, the Holy Spirit is leading us to respond to lockdown in innovative and creative ways, as this issue of *The Vine* reveals. While living alone, or with a frail husband or wife, or managing schoolwork with children and teenagers, many of us are linking with members of our families round the world in virtual ways we could not have imagined a year ago.

Secular Carmelites, as an added gift, feel that their Carmelite community is also their family whether they can 'see' each other on Zoom or follow a pattern of meeting in tandem in their homes. In these humble actions, they enrich the life of our wider family: Carmel and the church, and bring untold graces to our suffering world-wide human family. This mystery is especially poignant during this unpredictable pandemic.

We don't know what the future with Covid will bring, but we ask the Holy Spirit to expand our hearts so we can listen and be open to receive the fruits of these strange times. May he inspire us, breath on us and in us, to go forward on the path he opens up before us, step by step. May we enter evermore deeply into the mystery of the Church, the Bride of Christ, as St John of the Cross so beautifully describes:

For as the Father and the Son  
And he who proceeds from them  
Live in one another,  
So it would be with the bride;  
For, taken wholly into God,  
She will live the life of God.  
(*Romances 5*)

May God bless us and St Joseph protect us,

Annette

## FROM OUR GROUPS AND REGIONS

### Our Lady of Mount Carmel and St. Teresa community, Kensington

On Saturday 5 December 2020, our community celebrated with great joy as Marisa Wilson, Caroline Moutell and Gloria Celis made their Definitive Promises and Christian Kendall-Daw made his First Promise during Mass at the Carmelite Priory (see photo below).

We would also like to pay tribute to Michael Ionta, who was our President from 2013-2019. Following one year as our Director of Formation, he has decided to become an isolated member. We will miss his wise leadership and pastoral solicitude which have been exceptional. As he enters this phase of his pilgrimage,



he has promised his prayers for us and for all of Carmel. We express our thanks to him using the letter of St Paul to the Ephesians, 'we pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your heart through faith'.

*Christian Kendall-Daw*

### St Joseph's, Seaford

After several years when we just were 'the Seaford' group, our little group finally got a name. Since before the pandemic, we had been thinking and praying about it and, when we finally met in person, we decided to entrust our group to St Joseph. As you can probably imagine, we were overjoyed when Pope Francis proclaimed the year of St Joseph at the beginning of December.

Last year, we were fortunate that when Covid rules were relaxed in the summer we could meet in person several times. The first time, in August, we met in the garden of the Presbytery and for the following meetings, when the weather started turning colder, we met in a room in the Presbytery. Since there are only five of us we did not have any problems with the 'rule of six'. We even had an enquirer at our last face-to-face meeting in November. When the Covid rules changed again and we could no longer meet in person, we decided we would do Evening Prayer 'together' on the same day we would normally have our meeting. The evenings when we come together to pray have been very special and have helped our sense of community grow. Unfortunately not all of our members have access to the internet so we have not been able to do any Zoom meetings, as we do not want to leave anyone out.

*Brigitte Garcia*

## Our Lady of Mount Carmel and St Joseph (South London)

We have not been able to hold a face-to-face meeting in Wimbledon since March 2020 although some of us managed to join the virtual London Regional Meeting in June. Since last September we have held virtual monthly meetings which have worked fairly well for those of us who are able to Zoom and we have tried to keep in touch with the others through emails and phone calls. Many of us have been grateful for the links to Boars Hill and other Carmelite



Brigitte Garcia, Amanda Vassell and Jenny Lee

centres that live-stream the Mass, and for the range of talks and meditations that have been offered more widely. One thing we have learned is that Zoom meetings are rather tiring, and so we are now experimenting with a simpler and shorter format and with other ways of keeping in touch. Maybe by the summer we will be able to imitate our friends at Seaford OCDS and hold an outdoor meeting!

The last few months have also seen the illness and death of two of our members, Jenny Lee in September and Judy Pires in October. Their lives, sufferings and deaths have taught us much about the Christian and Carmelite vocation.

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**Jenny Lee** had already been accepted into formation elsewhere, and joined us in 2011 after moving to be near her daughter. By happy chance Jenny had settled in the home parish of one of our

members, Amanda Vassell (St Dunstan's, Woking), and they began journeying together to our monthly meetings by train. Amanda remembers Jenny at this time as having a gentle, sensitive, caring nature, and as an active parish member, attending daily Mass and praying silently before the Blessed Sacrament, but also very much involved in parish hospitality.

Soon after making her First Promise, Jenny was diagnosed with the early stages of vascular dementia but continued to attend meetings whenever Amanda could bring her by car. She was a happy and serene presence at our meetings and had thoughtful conversations with individual members. Group conversations became difficult to follow, though, and Jenny considered that she should perhaps not make her Definitive Promise. Our then President, Judy Pires, encouraged her to go ahead, and so Jenny and Amanda made their Promises together alongside another South London member, Brigitte Garcia (now at Seaford) on 7 May 2016, a special, memorable occasion for us all.

Not long after this Jenny was no longer able to attend our meetings, and eventually moved to a local care home where Amanda could continue to visit her. She died peacefully on 18 September 2020. Her funeral was held at St Dunstan's under Covid-19 restricted conditions,

with only Amanda being able to attend from our group, and the rest of us watching the live stream. It was a simple and thoughtful service, and we were delighted that the parish priest quoted St John of the Cross in his homily.

Our memories of Jenny are full of her quiet strength and joy, summed up by a comment from one of our members: 'Thanksgiving to God for the gift of serenity you brought to our group. May that grace follow you into the presence of Jesus Mary and Joseph in Carmel.'

**Judy Pires** was born in India on Christmas Day 1946, and first saw England when her parents returned to the UK when she was eight years old. After graduating in psychology she became a teacher and worked in Japan and then in Australia. Her time spent living in a Catholic Charismatic community in Australia was one in which she explored and developed her strong Catholic faith, and one that she always remembered with great affection. Eventually she began to feel the call to Carmel, particularly after her return to London, and was received into OCDS formation at Kensington in 1995. Judy was a natural choice to lead our small group of six south Londoners who were 'sent forth' like pilgrims to start a new group south of the Thames in 2003, and we have held our meetings ever since in



Judy Pires in 2013

Judy's parish of Christ the King, Wimbledon Park. After our Canonical Establishment in 2010 Judy was elected President for two successive terms, 2011-2017. She also acted as Regional Representative for the London region, visiting other groups, encouraging the development of formation resources, and organising Regional Days. During all this time she she took great care of everyone in our group who needed encouragement, took them on retreats, and always radiated a spirit of hospitality, aided by her quick mind, her gift for friendship, and her lively sense of humour.

In 2015, while still our President, Judy was diagnosed with ovarian cancer, which has a notoriously bad survival rate. After surgery and convalescence she resumed her parish work and her duties as President, began to travel again to see her extended family across the world, and to go on pilgrimages and on retreats to her beloved Boars Hill. In 2017 she decided not to accept a nomination for a third term as President, although she agreed to serve as Director of Formation for a time. After her cancer recurred she underwent a series of gruelling treatments, always seeming to bounce back to her old self. Judy spent Christmas 2019 at the home of one of her sisters in California and had been planning to visit India again, but it was not to be. After a long spell in hospital under Covid-19 restrictions (where we were glad to hear that Fr Matt could visit her) she was discharged to spend her last weeks at home under the care of her sister Alison, and died peacefully on 28th October 2020. Her live-streamed requiem was held at Christ the King, where Fr Matt was able to celebrate an additional Mass on the previous evening.

Throughout it all, Judy had been devoted to her sisters and their families, and this sense of the family as the wellspring of faith and love spilled over into all her relationships within the OCDS, within her parish, and with everyone she met. It was Judy who suggested that we should add St Joseph's name to that of Our Lady of Mount Carmel, to reflect the wholeness of the love within the Holy Family. May both our patrons now lead her to Jesus, who was the centre of her whole life.

*Janet Fyffe*

### London Regional Mass, 5 December 2020



Because of the Covid restrictions, the London Regional Day scheduled for 5 December couldn't go ahead, but we were able to have a private Secular Carmelite Mass at the Carmelite Church in Kensington instead. Fr Matt Blake celebrated the Mass for the approaching feast of St John of the Cross and gave us a sermon on St John, showing how he allowed nothing to come between him and the love of God. We had eight members making their first or definitive promises during the Mass (see photo). They were: from Kensington, St Teresa: Christian Kendall-Daw (first); Caroline Moutell, Gloria Celis, Marisa Wilson (all final); from Kensington, Ven Hermann Cohen: Paul Ward (final); from Notting Hill: Barbara Field and Maria Lancaster (both first); Christina Beldad (final). Fr Stewart Hasker (Kensington, Hermann Cohen) was received into formation at the end of Mass, with Annette Goulden, who had travelled down to be with us for the occasion, giving a short address on the meaning of a Secular Carmelite vocation. Because London was in Tier Two at the time it was possible for those who had made promises to meet with others from their communities afterwards in socially-distanced groups of six in the Priory garden on the mild winter afternoon.

There were thirty people in all, with Seculars attending from all the London groups – not many fewer than we would have had on a normal Regional Day. This was a strange but very moving occasion, with everyone wearing masks and socially distanced in the large, quiet church, seemingly dissociated from the world outside. Perhaps, I now think, this was how the disciples felt on the day of Pentecost, waiting all together in one place for the coming of the Holy Spirit. But my lasting memory will be of the great and obvious joy of those who, after months of uncertainty, were making their promises as Carmelites.

*Mark Courtney*

## Blessed Marie-Eugène community:

We have continued our monthly meetings via Skype, one member all the way from Columbia! We decided to extend these by half an hour as we missed sharing with our community members, and added a ten-minute break halfway.

Although we continued the study of *I want to see God* by Blessed Marie Eugène OCD, it was felt necessary to have a break from it every third month. One of these meetings was dedicated to the Rule and Constitutions, others will be on St Mary of Jesus Crucified, *Lumen Gentium*, and Fr Wilfrid Stinissen OCD (Sweden).

In November we acknowledged that one of our members had informally been received into formation, with a ceremony to take place when Covid restrictions permit. A second very brave new aspirant will join us for the first time by Skype at our February meeting and we are all very excited about it! And some members of our community are currently helping Fr Kelvin with his talks on Blessed Marie Eugène and Transformation which form part of the Word and Wisdom series.

*Armelle Belcher*

## St. Elijah Community, Boars Hill, Oxford

Along with all other communities it seems a lifetime since we met face to face. The last time for us was February 2021, when we were (and still are) looking at the 'Introduction to the Divine Office' at the beginning of Volume 1 of the *Divine Office*, and also the *Spiritual Canticle*. It took us sometime to be comfortable with the dreaded Zoom, to discover what we could and couldn't do. Initially we tried to say Evening Prayer together; result: confusion. Now two of us say it and the rest follow. We also found that meeting once a month wasn't enough (we meet in the evening as two of us are still working). Now we meet twice a month, which almost gives us enough time. We have always had a rota so that we know whose turn it is to lead which leads to really good discussions, so that hasn't changed. Another plus is not driving home in the dark and wet. But if we could choose ....

During the first lockdown we had two male enquirers. Full of hope we decided to wait til we were back at Boars Hill, thinking COVID would be over by the summer. One of them was recently ordained as priest and realised that this wasn't the right time for him; the other is a young American who joins us in our Zoom meetings. Another thing that we hoped for was to meet in a church hall in Oxford, at least for those of us who were not shielding. This was set up with stewards and all set to go, then another lockdown came. On 21 of November the four OxfordCommunities had arranged with Fr. Matt to come to Didcot Parish Church, which has space in plenty for social distancing, (and a large car park) to receive promises, both first and Definitive, and also to receive candidates into formation from the four Oxford Communities. London was put into tier three. So we wait.

On the whole, Zoom is allowing us to see each other and hear how we're coping with what seems like a lifetime of lockdown, but we miss our social time. However hard we try it just isn't the same without cake.

*Barbara Thacker*

## East Anglia Region

It seems a long time since we met together in our groups here in East Anglia, as elsewhere perhaps, and we've had to learn a different way of being a community. We've still been able to keep in touch with each other, though, which is so important when we consider the sense of isolation that the pandemic has brought to so many people.

We're more comfortable now with Zooming, Skyping etc. Phone conversations of course are still a source of pleasure – it's always good to hear a friend's voice on the other end of the line.

Lockdown has given some of us the opportunity to explore the many resources on spirituality available on the internet. There's been much sharing among our groups of the online Carmelite content from Boars Hill and also from further afield: Lent and Advent Retreats from the friars in France and Austria, for example, and from North American too.

We haven't been able to have a Regional Day since October 2019 but by way of consolation we've had the talks Fr Matt has given on prayer taken from St Teresa's Book of her Life; The Secret of Spiritual Growth; Transformed by the Beloved; and most recently the study of St Mark's Gospel. All of them have felt like a real treat and indeed have been food for the soul! If you've missed any of these they are now available on our new website.

Along with so many other things, the annual Carmelite Pilgrimage to Walsingham was cancelled last year. The good news is that the team at Our Lady's Shrine are preparing in hope for the new pilgrim season this year and they say that because ours is one of the smaller pilgrimages there's a decent chance that it will go ahead as planned. So let's pray that we can come together in prayer and thanksgiving at Walsingham on Saturday 26 June. We plan to start at the Shrine at 11am with a talk from Fr Matt followed by the Pilgrims' Mass at noon. A picnic in the grounds will give us chance to catch up with old friends before we process along the Holy Mile to the village and Adoration at the beautiful little parish church. We shall depart at 4pm. If this past year has taught us anything, it's that arrangements can be subject to change at short notice but the date is booked and God willing, we'll be together again with Our Lady of Walsingham in June.

*Joan MacInnes OCDS*

### THE NEW OCDS WEBSITE

Our new OCDS website is now up and running at [www.secularcarmel.org.uk](http://www.secularcarmel.org.uk). Please do take a few minutes to explore this valuable new resource for our Secular Order. New items are being added all the time, including news of online courses, transcripts of talks, descriptions of Carmelite saints and information on the history of our order. There is also a members' area (password: Albert) containing back issues of the Vine and material for help with formation.

I need to record my personal thanks to Annette Goulden, Cyprian Blamires, Deborah van Kroonenburg, Mark Courtney and Joan MacInnes for their support and contributions. It has been a pleasure to work with them while developing the site. *Tim Burton*



## CENTRE FOR APPLIED CARMELITE SPIRITUALITY (CACS)

*Update from Ruth Preston, Administrator and Executive Assistant, February 2021*

### Light for the World

The Centre is happy to announce a new spirituality series, Light for the World, featuring six exceptional Carmelites – Francisco Palau, Hermann Cohen, Père Jacques de Jésus, Titus Brandsma, Marie-Eugène and Raphael Kalinowski – who lived at a time of much political and social strife yet witnessed to the spirit of true Carmelite humanism. This series will explore their courage and Gospel fidelity. Their witness offers hope and is a beacon of light for us as we navigate our own equally challenging times. The lives of these faithful disciples of Christ will inspire you, give you insights that will transform your life and encourage you in your spiritual journey.

The series link can be found on the Carmelite Friars Regional website: [carmelite.uk.net](http://carmelite.uk.net). If you would like further information please contact us: [ruth.preston@carmelite.org.uk](mailto:ruth.preston@carmelite.org.uk).

### Wisdom Lectures

You may wish to view a short information video at [carmelite.uk.net](http://carmelite.uk.net) and discover the video resources that await you and the many speakers that you can bring into your life. There is a wealth of inspiration and knowledge from these talks by presenters such as Matt Blake, Iain Matthew, Sr Jo Robson, Peter Tyler, Susan Muto and many more.

If you would like further information, including details of OCDS membership offers, please contact us: [ruth.preston@carmelite.org.uk](mailto:ruth.preston@carmelite.org.uk).

Note: Access for members of the Secular Order to the Wisdom Lectures for £15.00 for one year is still open by joining the 'Annette Goulden Group'. Please contact Ruth Preston or Annette.

## NEWS FROM BOARS HILL

*From Fr Alex, Prior*

### Traces of Him – A Contemplative Seeing Project

Dear Friends-in-Carmel,

Last autumn, many of us in the Carmelite family gathered together at an online Spirituality Summit to celebrate the 50th Anniversary of the Doctorate of Santa Teresa of Jesus. As part of this celebration Cardinal Anders Arborelius encouraged each of us to participate in the 'sacrament of the present moment', opening up to God, and His glorious eternity, in the everyday and the here and now, 'finding traces of Him' in all that surrounds us.

This Lent we invite you to join us in prayerful attentiveness to God's presence in our everyday lives – including amidst the pots and pans – photographing some of the ordinary circumstances of our daily lives, within which imprints or traces of Him are revealed and received.

Our invitation is thus a simple one: to be continually open to, and behold, the sacredness in the ordinary and when so moved, from time-to-time, to photograph something (using a digital camera or phone) that pertains to an encounter with Him.

Each person's photographs will of course be deeply personal bearing witness to their own path of 'sacred seeing'<sup>1</sup>. But our hope is that each friend-in-Carmel will share with us a single photograph arising from their Lenten attentiveness to His traces. The intention is not that this image be conventionally beautiful or accomplished; rather that it is part of something received by the 'graced eye'<sup>2</sup>.

We will compile these images on a publicly accessible website, unadorned by titles and attributions (although everyone choosing to share a photograph will be acknowledged). This site, which will be launched on Teresa's feast day of 15th October 2021, is intended to facilitate the joyful, collective sharing and receiving of each of these precious images.

Our wish is for us all to co-create a thankful, visual celebration of His presence in our lives and a further legacy of the 50th anniversary.

The Traces of Him team will email again after Easter encouraging all friends-in-Carmel to share a photograph with us. For those choosing to do so, details regarding the submission of an image will be communicated then.

In the meantime, we wish you a blessed Lenten season.

For any initial questions or queries please do contact us at: [tracesofHim@carmelite.org.uk](mailto:tracesofHim@carmelite.org.uk)

In Carmel,



Fr Alexander of Mary Queen Beauty of Carmel OCD

### More exciting initiatives from Boars Hill

It's a joy to share with you some of the other exciting new initiatives that are in the pipeline. Mount Carmel presentation suite and recording studio.

While we have managed to continue our online work with makeshift facilities we hope to develop a proper presentation suite and recording studio this year.

The Mount Carmel suite project is for the design, construction and equipping of an easy to use, professional-looking online and live event presentation suite and audio-visual recording studio. This will be the main hub for the delivery of the online events by the Priory and creating its audio-visual productions.

We have received a quote from Kazbar Systems which we hope to engage for this work and with other ancillary costs we aiming to raise with your help £50,000. Please keep this project

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<sup>1&2</sup> Valters Paintner, C. (2013). *Eyes of the Heart: photography as a Christian contemplative practice*.

in your prayers. If you or someone you know can help us to realise it, please do not hesitate to get in touch.

Can you help us raise funds for this project? Would you like to hold a fundraising garden/tea party on Zoom with your friends for us? Every little help will be gratefully received.

### Online prayer courses

Both of the following courses are at two levels, each of which stands alone. You may take Level I and then a break to return to Level II at your own convenience when it is next offered. Level II builds on the modules explored in Level I. For admissions, CACS gives priority to members of the Secular Order but places are limited. Also, good discounts are offered.

### Carmelite School of Prayer

The School of Prayer is intended for those who realise the importance of prayer in their lives and are seeking a deeper relationship with God and support and encouragement in their search. It is not intended as an academic programme; the course will be mainly experiential. Participants will be invited to take an active part in spiritual conversation, workshops and small group sharing. It will also include essential reading, intended as a framework and support for the ongoing process of prayer, reflection and growth. The course aims to form people of prayer.

### Carmelite prayer guides

The prayer guides course is intended for those who desire to deepen their prayer experience and feel called to accompany others who turn to them for support on their spiritual journey. The course is therefore suitable for a wide range of people: those who work in pastoral settings (hospitals, chaplaincies, prisons, spiritual direction and retreat ministries) and those who realise the importance of prayer in their lives and are seeking a deeper relationship with God and support and encouragement in their search. It is not intended as an academic programme; the course will be mainly experiential and formative. For participants, it will offer the opportunity to be nourished by the rich treasures of Christian prayer with particular reference to the Carmelite tradition – and at the same time to explore their own prayer journey and share this experience with others.

## PRAYERS OF OUR CARMELITE SAINTS

O Lord, how I long to labour for Your glory! I long to give myself entirely to You, to be pervaded by Your divine life; be the life of my life, the soul of my soul, and grant that I may always remain under the influence of Your divine action.

*St Elizabeth of the Trinity*

Holy Spirit, inspire me.  
Love of God, consume me.  
Along the true road lead me.  
Mary, my mother, look upon me.  
With Jesus bless me.  
From all evil, from all illusion,  
from all danger, preserve me.

*St Mary of Jesus Crucified*

For more inspirational prayers visit our website: [www.secularcarmel.org.uk](http://www.secularcarmel.org.uk)

### Monthly Votive Mass of the Holy Spirit



On May 18, 1874, the Carmelite Saint Mary of Jesus Crucified (1846–1878) beheld a chalice streaming with light and a dove. From the light she heard a voice saying, ‘I ardently desire that priests say a Mass each month in honour of the Holy Spirit. Whoever will say it or hear it will be honoured by the Holy Spirit Himself. He will have light. He will have peace. He will cure the sick. He will awaken those who are asleep’.

In June 1877 with the Latin Patriarch of Jerusalem as intermediary she sent a message to Blessed Pope Pius IX saying: ‘The world and religious communities are seeking novelties in devotions, and they are neglecting true devotion to the Paraclete. That is why there is error and disunion, and why there is no peace or light. They do not invoke the light as it should be invoked, and it is this light that gives knowledge of truth. It is neglected even in

seminaries. Every person in the world that who invokes the Holy Spirit and is devoted to Him will not die in error. Every priest that preaches this devotion will receive light while he is speaking of it to others’.

I was told that each priest in the whole world should be required to say one Mass of the Holy Spirit each month, and all those who assist at it will receive very special grace and light.

*Armelle Belcher*

#### *Editor's note:*

In an email to me, Armelle has added: ‘Fr Alex has agreed to put on the monthly Mass to the Holy Spirit to be Livestreamed every first Monday at 7:30pm. I hope many will support him and find all the benefits promised to be true!’

### To my Guardian Angel

‘Angel of God, my guardian dear... Having moved beyond my three score years and ten, I am reflecting upon this relationship between us, two created beings, but one of a wholly spiritual nature, superior to me though sharing the faculties of intellect, will and memory. You will know me much better than I know you, and I am asking myself whether, to the greater glory of God and the working of my salvation, I ought not have made better use of this association between us, exploited it even, to your delight and my edification.

Since my conception, you have been my life's companion; you will have rejoiced in my infant innocence and sorrowed over its loss, as the years acquainted me with those flaws and

failings that derive from the sad inheritance of original sin. I am aware of occasions when you have delivered me from the brink of wrongdoing and, sadly, aware of many more when, be it through weakness or wilfulness, I have made choices that offended God, and grieved you.

For all that the siren call of self indulgence may have led me from paths where you would have had me walk, I have never ceased to believe in your presence nor cast you aside as a childhood fancy, and, late though it may be, perhaps an autumnal flowering within the garden of our relationship is no less acceptable than one at the height of Summer. If I am able to wonder at the reality of your angelic presence, might this not bring me greater and more appreciative regard for all things spiritual?

Let me not fail to record, with wondering appreciation, those occasions when you have kept me from mortal bodily danger. There may have been others of which I was never aware but there are most certainly two moments where I was saved from death or serious injury, and I remain confident in the providence of your care, where it would be all too easy to marvel at chance.

The thought dawns on me that, though you accompany me here on earth, and we are both in the presence of God, I know this only through faith, and a faith, at that, which is weakened by my earthbound interests and inclinations, whilst you experience the very reality. What might such a realisation not bring to my prayers, if faithfully kept hold of?

If, as the words of Consecration are spoken, and I struggle to apply my powerless faculties in aid of earth-bound faith and devotion, how much greater assistance might I not find in some small awareness of your experience of this moment?

Lest my words pretend to a state of holiness to which, yes, I may aspire but am so very far from attaining and, in the worst of times seem almost determined not to attain, let me ask that you preserve me from the dangers of ever feeling pleased with myself.

And thank you for your generous forbearance.'

*Kevin Larkin*



## Catholic National Shrine of Our Lady, Walsingham

# Carmelite Pilgrimage

## Saturday 26 June 2021

### Timetable for the day

11am	Talk by Fr Matt Blake OCD (Chapel of Reconciliation)
12 noon	Pilgrims' Mass (Chapel of Reconciliation)
1-2pm	Picnic lunch in grounds of the Shrine
2pm	Silent procession to the Church of the Annunciation Walsingham Village
3pm	Exposition and Benediction at the Church of the Annunciation
4pm	Depart

**All Welcome**

For further information email [jpmacinnnes@gmail.com](mailto:jpmacinnnes@gmail.com)